



## Message from Your School Counselor

April 2, 2020

Dear Parents:

I hope you and your family are doing well. I am reaching out to you to establish contact through virtual distance learning with you and your family. I am here to continue to support you and provide counseling services to meet your child/children's needs.

I am currently learning the different technology programs/platforms to facilitate my services in a safe, efficient, and ethical manner.

You can communicate with me through my work email ([gnoll@cusdk12.org](mailto:gnoll@cusdk12.org)), *Classdojo* (please check for a link for you and your child), and *google classroom*. I am also available by phone, (760) 618-6246.

Please check your messages on a daily basis. I will send out messages to you and your child to assist with coping skills, managing emotions, etc. to get through these difficult times.

Thank you for all your support in your child's education, and I look forward to communicating with you through the next weeks of distance learning.

*Grace Lopez-Noll*

**Grace Lopez-Noll, School Counselor  
Mains Elementary**